

# Day Camp Registration Form

# February 12th & 15th Full or Half Day Sessions Available

## Friday, February 12th Agenda

- 8:30 a.m. Drop off—Pixar Movie Shorts
- 9 a.m. SAQ Session with hurdles cones and ladders
- 9:30 a.m. Advanced Kicks includes spinning kicks: back kick, inside outside kick and hook kick. Wheel kick will also be taught (not part of regular curriculum)
  - 10 a.m. Break—Cartoons
  - 10:15 a.m. Laser Tag
- 11 a.m. Arts & Crafts or Games Activities include: Nintendo Wii , Hyper Dash
  - Noon Lunch Break
  - 12:30 Weapons/Staff Training
- 1:00 Karate Relay. Winning Team spins the Wheel of Prizes
  - 1:30 Break—Cartoons
- 1:45 Skilltastics—Team Board Game that Encourages exercise to win. Demo team participants will practice Chil Sung Il Ro.
  - 2:30 Karate Dodge Ball.

## Monday, February 15th Agenda

- 8:30 a.m. Drop off—Movie Shorts
- 9 a.m. Advanced Flying Kicks Session with photo ops. Includes Wheel kick not taught in regular curriculum and other advanced kicks
- 9:30 a.m. Weapons/Staff Training
- 10 a.m. Karate Dodge ball
- 10:30 a.m. Break—Cartoons
- 10:15 Skilltastics—Team Board Game that Encourages exercise to win. Demo team participants will practice Chil Sung Il Ro.
- 11 a.m. Karate practice and competition. Trophies and Medals will be given.
- Noon Lunch Break
- 12:30 Laser Tag
- 1:15 Break—Cartoons
- 1:30 Arts and Crafts or Games Activities include Nintendo Wii , Hyper Dash
- 2:30 Karate Relay. Winning Team spins the Wheel of Prizes

*No Extra Charge for art materials, awards, laser tag or wheel prizes since they are already included in camp cost. Art materials include jewelry kits, beading, decorate your own jewelry boxes, bug boxes, pirate sword and hat kits, drawing materials and more.*

**Registration must be received by Saturday, February 6th At Noon**

Camper's Name \_\_\_\_\_ Age(4.5 or over) \_\_\_\_\_

Day(s) Attending: Full day \$60 (9 a.m. to 3 p.m.) Half Day Sessions \$35(9 a.m. to noon—Noon to 3 pm)

\_\_\_\_\_

Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_